

SMART GOALS

Specific, Measurable, Attainable,
Relevant & Time-based Goals



ADDRESS FOR EACH GOAL

SPECIFIC - Who, what, where, why?

MEASURABLE - Can you track its progress?

ATTAINABLE - Is the goal challenging but not impossible?

RELEVANT - Is it functional and necessary?

TIME-BASED - When will it be complete?

GOAL 1

GOAL 2

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GOAL 3

GOAL 4

GOAL 5